



**HOCKEY TRAINING  
JOIN UP NOW!**

West District	West District	West District
		
2015/16	2014/15	2013/14

**MINIS & JUNIORS**

Training night  
Wednesday 18:00-19:00 at St Matthews Academy

**MINIS:** Suitable for children ages 5-8  
**JUNIORS:** Suitable for children ages 9-14

✓ All abilities welcome

Follow Ardrossan Hockey Junior Section on Facebook to keep up-to-date with all of the latest news and game results



**LADIES**

Training night  
Wednesday 19:30-21:00 at St Matthews Academy

**LADIES, COME ALONG AND JOIN US!**

✓ Suitable for ladies ages 15+  
✓ All abilities welcome

Follow A.A.F.P.H.C on Facebook to keep up-to-date with the latest news & game results



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